

# **IMPROV WORKSHOPS**

Elevate your improv game with **Jump On It**, an intensive workshop dedicated to mastering the art of scene editing. Learn the crucial techniques of tagging, sweeping, and other edits to keep the momentum flowing and ensure your performances are dynamic and engaging. This workshop will help you to sharpen your instincts and make bold choices.

**Diagnostic Improv: Analyze and Elevate Your Play** - Ever wonder what's holding you back in your improv scenes? This diagnostic workshop is designed to identify strengths and weaknesses in your improv play. Through guided scenes and constructive feedback, you'll uncover your blind spots and learn actionable tips for improvement. Whether you struggle with listening, pacing, or character choices, this class will provide a personalized roadmap for taking your improv to the next level.

**Scenework Dream Work: Building Dynamic Scenes** - Unlock the potential of every scene with this deep dive into the craft of scenework. You'll explore how to establish strong relationships, raise the stakes, and create compelling narratives. This workshop focuses on finding the heart of each scene, playing with emotional truth, and collaborating with your partner to build rich, meaningful moments that captivate audiences.

**Character Creation: Bringing Life to the Stage** - Discover how to create unique and memorable characters that drive your scenes forward! This workshop will teach you techniques for building strong, grounded characters from physicality, vocal changes, and emotional depth. Whether you're playing a high-status diva or a quirky underdog, you'll learn to make bold character choices that lead to interesting and fun scenes.

**Armando: Stories to Scenes** - The Armando is a classic long-form structure that begins with a true personal story, which inspires scenes filled with humor and heart. In this workshop, you'll explore how to generate scene ideas from monologues, use themes and details from the storyteller, and heighten the humor and emotion in the following scenes. Learn how to play with authenticity, connect ideas, and build a cohesive long-form show!

**Strong Scene Starts** - The beginning of a scene can make or break its momentum. In this workshop, you'll practice initiating scenes with confidence, making strong offers, and creating rich environments right from the start. You'll learn how to choose bold

initiations that instantly ground your scene in clear relationships, objectives, and stakes, so you can hit the ground running every time.

**Playing from the Heart** - True emotional connection is the key to memorable improv. In this workshop, you'll learn how to bring raw, genuine emotion into your scenes—whether it's joy, anger, fear, or love. This workshop is about creating honest, relatable moments to find big laughs. Learning to initiate and sustain genuine characters and lean into being unapologetically yourself. It's not just about being funny; it's about being *\*real\**.

**Group Mind: Ensemble Play for Stronger Connections** - Great improv is all about the ensemble. In this workshop, you'll hone your ability to connect with your fellow improvisers, build trust, and create a sense of group mind. Through a variety of exercises, you'll develop your skills in listening, non-verbal communication, and playing as a unit. By strengthening your ensemble instincts, you'll become more in tune with the rhythms of group work, elevating your team play.

**Find the Fun Faster** - In this workshop, you'll focus on identifying and heightening the "game" of each scene—the element that makes it fun and unique. You'll practice spotting patterns, playing with repetition, and building on the unusual to keep your scenes sharp, focused, and hilarious. Learn to play smart, keep the energy up, and make every scene feel like a discovery for both you and the audience.

**Speak with Your Actions** - Challenge yourself to communicate without words! This workshop emphasizes physicality, non-verbal communication, and strong emotional choices to create silent scenes that captivate the audience. You'll learn how to express relationships, status, and objectives through body language, facial expressions, and movement. By reducing your reliance on dialogue, you'll become more present in the moment and discover new depths in your improvisation.

**The Harold** - Dive deep into the backbone of The Harold and make seamless, organic connections. We will focus intensely on the acting, editing, and group commitment that it takes to generate a perfect Harold.

**Host with the Most** - Get out of your head and onto your feet! This workshop will focus on owning the stage. Learn the most concise way to host an improv game or an entire show. In addition, we will dive into the ins and outs of editing in order to make everyone in the audience and on stage feel like rockstars. The best version of you is confident!

**The Unconventional Yes** - It's okay to say "no" to something as long as we're saying "yes" to something. Find interesting ways to navigate scenes that are unexpected and come from a place of discovery, rather than invention.

## **MUSICAL IMPROV WORKSHOPS**

**Improvising Musical Styles** takes you on a genre-hopping adventure, where you'll learn to create songs on the spot in styles ranging from jazz and rock to country, hip-hop, and more! We'll explore the unique rhythms and moods of each genre, helping you build spontaneous, show-stopping tunes with confidence. By the end of the workshop, you'll be ready to switch between musical styles seamlessly, bringing energy and variety to any scene. Get ready to expand your musical range and have fun creating unforgettable performances!

Join Stacey for "**Soundtrack**," a unique workshop that blends the art of improvisation with the power of music. Dive into the world where melodies become muses, inspiring dynamic stage pictures and creative movement. Discover how to let music guide your scenes, enhancing storytelling through rhythm and emotion. Perfect for performers eager to explore the synergy between sound and stage, "Soundtrack" will help you craft captivating, music-driven comedy that resonates with audiences. Unleash your creativity and let the music lead the way! \*\*Unlike some of Stacey's other workshops, this workshop does not involve singing.

Jump into the musical chaos of "**Everything, Everywhere: Musical Free-Form**"—a wild, anything-goes workshop where musical improv meets total spontaneity! No rules, just pure, free-form improv magic. You'll learn to find that "shiny object" in every scene

(you know, the fun stuff) and run with it, turning random moments into show-stopping musical gold. It's a supportive, anything-can-happen space where you can mix and mash all kinds of improv techniques to create hilarious, unforgettable performances.

**Intro to Musical Improv: Find Your Voice!** - In this fun and welcoming workshop, you'll learn the basics of musical improv from the ground up. Discover how to confidently create songs on the spot, collaborate with your scene partners, and play with rhythm and rhyme. Perfect for those with little or no experience in musical improv, this class focuses on building foundational skills and having a blast while doing it!

**Singing in Style** - Ever wanted to improvise a jazzy ballad, a soulful blues number, or a fiery salsa song? This workshop dives into the wide world of musical styles and how to adapt your improvisation to fit the genre. You'll experiment with different musical genres and learn how to capture the unique mood and characteristics of each one, making your improvised songs more varied and dynamic.

**Steal the Spotlight: Solo Songs** - Master the art of solo songs in improv! This workshop focuses on the skills needed to create captivating solo performances. You'll learn how to build emotional connections, structure your song arc, and keep the audience engaged from the first note to the last. Whether it's a heartfelt ballad or an over-the-top showstopper, you'll discover how to make your solo moments unforgettable.

**Verse, Chorus, Bridge, Repeat** - Take the mystery out of song structure and learn how to craft satisfying, well-structured improvised songs. This workshop will break down common musical formats, like verse-chorus-bridge, and show you how to create catchy and memorable songs on the fly. You'll also explore how structure helps guide your song's emotional journey and adds variety to your scenes.

**Lyric Lab** - Ever struggled with finding the right words on the spot? This workshop focuses on creating smart, funny, or emotional lyrics in your improvised songs. You'll practice rhyme schemes, learn to use wordplay, and work on developing your ability to make up lyrics that feel spontaneous but coherent. By the end, you'll have a toolkit of lyrical techniques to make your songs pop!

**Move Yo Dang Body** - Bailamos! Let the rhythm take you over. We're going to heighten the way we listen and react to offers given to us by our musician. Improvised choreography, interesting stage pictures and physical support, style commitment - let's dance!

**No Lyrics: The Sonic Piece!** - We sing when there are no words left to say. But what about when our lyrics are taken away? Let's zoom in on sonic exploration and how we can heighten our emotions to create musical pieces that have no words. Focusing on extreme commitment and heightened discovery.